

Whole school curriculum overview for PSHE – 2017 – 2018

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Identity, society and democracy Me and others	Physical health and wellbeing What keeps me healthy	Drug, alcohol and tobacco education Tobacco is a drug	Identity, society and democracy Democracy	Physical health and wellbeing In the media	Drug, alcohol and tobacco education Weighing up risk
Autumn 2	Keeping safe and managing risk Feeling safe	Mental health and emotional wellbeing Friendship	Keeping safe and managing risk Bullying – see it, say it, stop it	Drug, alcohol and tobacco education Making choices	Identity, society and democracy Stereotypes, discrimination, prejudice (including tackling homophobia)	Identity, society and democracy Human rights
Spring 1	Mental health and emotional wellbeing Feelings	Relationships and sex education Boys and girls, families (Year 1 and Year 2 – Teaching SRE with confidence)	Mental health and emotional wellbeing Strengths and challenges	Physical health and wellbeing What is important to me?	Keeping safe and managing risk When things go wrong	Keeping safe and managing risk Keeping safe – out and about
Spring 2	Drug, alcohol and tobacco education What do we put into and onto our bodies	Relationships and sex education Boys and girls, families (Year 1 and Year 2 – Teaching SRE with confidence)	Identity, society and democracy Celebrating difference	Keeping safe and managing risk Playing safe	Mental health and emotional wellbeing Dealing with feelings	Mental health and emotional wellbeing Healthy minds
Summer 1	Careers, financial capability and economic wellbeing My money	Keeping safe and managing risk Indoors and outdoors	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Relationships and sex education Growing up and changing	Drug, alcohol and tobacco education Different influences	Relationships and sex education Healthy relationships/ How a baby is made
Summer 2	Physical health and wellbeing Fun times	Drug, alcohol and tobacco education Medicines and me	Physical health and wellbeing What helps me choose?	Sex and relationship education Growing up and changing	Careers, financial capability and economic wellbeing Borrowing and earning money	Relationships and sex education Healthy relationships/ How a baby is made Moving on: transition to secondary school

